

RRS CARE AUTHORIZATION: Treatment Plan

PATIENT'S NAME: \_\_\_\_\_ DX: \_\_\_\_\_  
PROVIDER: \_\_\_\_\_  
START DATE: \_\_\_\_\_

Condition: We will need some information about your patient and the circumstances related to the injury/ condition.

1. Is this authorization request for a new episode or continuation of care?  
\_\_\_\_New \_\_\_\_Continuation
2. Is this a new or recurring condition? \_\_\_\_New \_\_\_\_Recurring
3. What type of injury or condition is the request related to? \_\_\_\_Work \_\_\_\_Auto \_\_\_\_Other
4. What is the initial date of injury or onset of condition? \_\_\_\_\_
5. What is the initial date you began treating this patient for this episode of care? \_\_\_\_\_
6. How many treatments (visits) have you, or anyone on your faculty, provided to this patient over the past 6 months for any diagnosis? \_\_\_\_\_Times

Treatment: Next we will need some information about the diagnosis and proposed treatment plan:

1. How many visits are being requested (including evaluation)? \_\_\_\_\_Times
2. How many weeks will it take to complete the requested visits? \_\_\_\_\_Weeks
3. What is the first (primary) ICD-9 diagnosis code? \_\_\_\_\_
4. What is the second ICD-9 diagnosis code? \_\_\_\_\_
5. What is the third ICD-9 diagnosis code? \_\_\_\_\_
6. Rate the restriction to performing activities of daily living (ADL)? \_\_\_\_\_(1-10)
7. What is the patient's average rating of pain over the past two weeks? \_\_\_\_\_(1-10)
8. Rate the % of reduction in range of motion for primary diagnosis. \_\_\_\_\_
9. Does this patient perform moderately intense exercise 3 times per weeks? \_\_\_\_Yes \_\_\_\_No
10. Is this patient's MD/DO currently co-treating the condition? \_\_\_\_Yes \_\_\_\_No
11. Patient's most recent functional rating index (FRI) score? \_\_\_\_\_(1-10)

History: Finally, we will need some historical information about the patient:

1. Does the patient have a history of diabetes? \_\_\_\_Yes \_\_\_\_No
2. Does the patient have a history of stroke? \_\_\_\_Yes \_\_\_\_No
3. Does the patient have a history of cancer? \_\_\_\_Yes \_\_\_\_No
4. Does the patient smoke or use tobacco products? \_\_\_\_Yes \_\_\_\_No
5. Is the patient overweight or obese? \_\_\_\_Yes \_\_\_\_No
6. Does the patient have a history of chronic pain for > than 6 months? \_\_\_\_Yes \_\_\_\_No
7. Does the patient currently have significant issues with depression or anxiety? \_\_\_\_Yes \_\_\_\_No